

ARTS ACADEMY AT BENJAMIN RUSH ATHLETICS

There are several forms that students and parents/guardians/caretakers need to complete in order to participate in Interscholastic Athletics. Many of the forms are inclusive of all student participants, including managers and game support staff if traveling with the team, while other documents are exclusive to student-athletes.

YOU CAN GET THE REQUIRED FORMS ON OUR ATHLETIC WEBSITE:

<https://rush.philasd.org/athletics>

and on the websites/google classrooms of each team

Each of these forms are valid for the entire current school year but can not be signed until May 1st of the prior school year. For Example: If the student would like to play a fall sport in fall 2050 (as an example), then each of the forms can be signed in May, June, July or early August and be valid for the entirety of school year 2050-2051. However, if the forms are signed in April, they are not valid. The magic date is any time after April 30th but prior to the first day of training, practice or tryouts.

The forms currently required are.....

- **1 page Trip Permission form also known as an "EH80"** - Required by all student-athletes, managers, support staff and sports media that travel with a team. NOTE: It says "out of city". The School District Requires this version of the form just in case our students ever play a contest outside of the city limits and **allows** this form to be used for in-city travel. It is not a mistake.
- **School District of Philadelphia Late Return Form** – Required by all student-athletes, managers, support staff and sports media that travel with a team. This also is "just in case". Typically, our teams are finished home contests by 5:00pm and back to the school between 6:00pm and 6:30pm for away contests. However, occasionally the school buses are late for return pick ups or there may be a scheduled night contest.
- **School District of Philadelphia Media Release Form** – Required for all student-athletes and team managers regardless if they have a signed form on file at the school or not.
- **School District of Philadelphia Athlete agreement** – Required for all student-athletes and managers. This form is confirming acknowledgement that they will adhere to the overall rules and policies put in place by the PIAA, Philadelphia Public League, School District of Philadelphia and Arts Academy at Benjamin Rush. Please review the current year's School Code of Conduct and the most recent [Student-Athlete Handbook for Rush Arts](#) for a summary of most policies and expectations.
- **PIAA Comprehensive permission packet (CIPPE)** – Required for all student-athletes. They may NOT participate in any training, tryouts, practices of contests after school without this packet completely filled out (sections 1-6 for initial participation, section 7 for additional sports. See details below)

Please read these important Details concerning the PIAA CIPPE FORMS

IN SHORT:

- Students-Athletes playing their first sport of a school year must get Sections 1-6 filled out
- Athletes playing a 2nd or 3rd sport for a school year ONLY need to get signed CIPPE Section 7 filled out. No other forms are required *unless* a student was injured and could not return during a prior season OR are participating in the sport of Wrestling (Winter)
- Students who are in a supporting role for the team but who will not be playing do not need the PIAA CIPPE forms. This includes line judges, score keepers, sports media, equipment managers, etc. IF any of these students will be traveling with the team, they need all of the forms *other than* the PIAA CIPPE.

The following pages provide specific details about each page of the PIAA CIPPE and Frequently asked questions

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THE PIAA CIPPE IN DETAIL:

Section 1 has mostly the same information that appears on the EH80 but is required by the state not the school district

Section 2 requires the signatures of a parent or guardian in the sport box on the top of the page AND the signatures of both the parent/guardian and the student-athlete for each area below.
If any line, including the top sport box, is not signed, the student may not participate.

If your child plays multiple sports, you may sign them in advance as well

Section 3 and 4 are educational handouts concerning risks associated with physical activity.
They both must be signed by the parent/guardian and the student-athlete

Section 5 is a health history. It should be filled out IN ADVANCE of attending a physical and signed by both the parent/guardian and student. It does not need to be filled out by a Physician

Section 6: This is the only page that must be filled out by an authorized medical examiner (AME) which is a licensed professional with the following designation: MD, DO, PAC, CRNP, or SNP.

Section 7 only needs to be filled out if you are playing a second or third sport in a school year when it is time for that sport. You will not need to re-due sections 1-6. It must be signed by both the parent/guardian and student

Section 8 only needs to be filled out if a student-athlete was injured during a prior sport and could not return during the season. For example: a Volleyball player gets injured during Volleyball season and wants to play Basketball. She was not able to return to play during her Volleyball season. She needs to get section 7 and 8 completed. IF she was able to return to play during the volleyball season, she does not need this form.

Section 9 is only for Wrestlers. If gets completed at the start of the season and is reviewed and updated as needed during any weigh ins scheduled and monitored by the school's assigned Athletic Trainer

Frequently Asked Questions about the PIAA CIPPE:

Students must get a brand new Sports Physical every school year. The new yearly sports physical can be filled out as early as May 1st for the previous year. This means that a sports physical for a Fall sport at Rush (girls Soccer, Volleyball or Field Hockey) or any fall sports athlete from can go any time after April 30th of each year. The following examples use the future date of "2050" for reference

Example 1: You sign up for the Fall 2050 season of Girls Soccer. You can get a new sports physical in May 2050, June 2050, July 2050 or the beginning of August 2050, to be able to participate when official season events begin in August.

Example 2: You received a physical in November of 2049 to play Basketball during the 2049-2050 winter season. Now, you want to play Field Hockey in Fall 2050. You can NOT use that physical. Even though that physical is valid based on your Health Insurance rules and policies, it is NOT valid for the 2050-2051 school year, or Fall 2050 Athletics. You must get a new sports physical dated after April 30th 2050.

Here are some other frequently asked questions:

Q: I'm not due for a physical until September. Can I use my old one?

A: NO. As stated above, all Student-Athletes need a brand new sports physical dated after April 30th every school year regardless of when they receive their previous physical.

Q: My Doctor's office gave me a School District physical form but it doesn't look the same as the PIAA form. Can I use that?

A: NO. Only the PIAA forms (paper or digital) may be used

Frequently Asked Questions continued on next page

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Frequently Asked Questions continued

Q: Are there going to be free physicals offered this year?

A: Free Sports physicals are offered during the summer. Dates and locations vary each year. The Department of Health offers free physicals at each of their regional clinics but typically take 2-3 weeks for completion.

Q: Is my new sports physical good all year?

A: Your new sports physical dated after April 30th is good until the conclusion of Spring sports 2025. Therefore, a sports physical for a fall sport is valid for a winter sport and spring sport for that same school year. A physical for a winter sport is valid for a spring sport. However, no sports physical, regardless of when it was completed is valid for *next* school year; only the current one.

Q: I'm going into 9th grade and my welcome packet requires a new physical too. Can I use the sports physical?

A: It Depends. IF the form in your Welcome packet was a School District of Philadelphia form (also known as an MEH-1), you **MAY NOT** use that form. If your Welcome packet included the PIAA Health History (Section 5) and the PIAA sports physical authorization (section 6), than **YES**. If you have Sections 5 and 6 filled out, do not give them to the main office; give them directly to the coach of the team you are trying out for.

Q: I only played a winter or spring sport this school year but now I want to play a fall sport. I'm not due for a physical yet. What do I do?

A: Options: Physicians are allowed to authorize a new sports physical using information from an old sports physical but not everyone will do that. They are permitted by law to do it but it is not mandatory. Your options would be to pay your doctor for a new physical, go to an urgent care, ready care, minute clinic and pay for a sports physical (usually \$40) or attend one of the free sports physicals clinics the School District hosts once the dates are listed.

Q: Can I start fall practice without the PIAA papers signed

A: NO. Sorry but no papers, no practice in August. In terms of optional student-led meet ups, that's up to the parents/guardians as that is no different than any teens getting together for pick up sports if time and space permit. However NO activity in the school gym and NO activity with the official coach is permitted without the NEW PIAA papers signed

Q: Do I need a new full physical or a new authorization

A: Technically, you need a new authorization on a new CIPPE sports physical form

The heading of section 1 of the CIPPE packet states: ***The CIPPE may not be authorized earlier than May 1st and shall be effective, regardless of when performed during a school year, until the conclusion of the spring sports season***

This means, for example, if a physical occurred on March 4th 2050 and the AME, gets this form handed to them for soccer on July 10th 2050, the Physician may still fill out the form.

However, the Physician should date Section 6 of the form July 10th 2050 then, they may add a side note saying something like "with information obtained from an exam March 4th 2030.

If the office will not do this, a brand new physical must be paid for or obtained from a free source

Q: My Doctor didn't sign their license number or stamp the form. Will you take it?

A: Not usually: When signing the form, the Authorized Medical Examiner (AME), usually a Physician, should sign the form and place their license Number. An AME has the professional education and designation of MD, DO, PAC, CRNP, or SNP. The receptionist at the front desk should then stamp the form with their office's name and address.

MOST Physician offices know all of the above information but some do not and some frankly, make up their own policies that hinder the completion of these forms and your child's ability to participate.